



Dental Assisting National Board, Inc.  
*Measuring Dental Assisting Excellence®*

# Anatomy, Morphology and Physiology (AMP)

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**Exam Blueprint and Suggested References**

Effective 01/01/2017

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# AMP

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## Exam Blueprint Overview

### AMP Exam Weighting by Sub-Content Area

- I. Head and Neck (15%)
- II. Oral Cavity (25%)
- III. Tooth Anatomy, Morphology and Related Characteristics (20%)
- IV. Tooth Numbering Systems (15%)
- V. Occlusion (15%)
- VI. Oral Pathology (10%)

#### **State Regulations**

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# AMP Exam Blueprint

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## Sub-Content Area I: Head and Neck (15%)

- A. Circulatory system
- B. Lymphatic system
- C. Muscular system
- D. Nervous system
- E. Skeletal system
- F. Salivary glands
- G. Sinuses
- H. Temporomandibular joints

## Sub-Content Area II: Oral Cavity (25%)

- A. Alveolar process
- B. Frenum
- C. Hard and soft palates
- D. Landmarks (e.g., radiographic, bony, soft tissue)
- E. Oral mucosa
- F. Tongue

## Sub-Content Area III: Tooth Anatomy, Morphology and Related Characteristics (20%)

- A. Primary dentition

**B. Permanent dentition**

**C. Anomalies (e.g., fusions, ankylosis, supernumerary)**

## **Sub-Content Area IV: Tooth Numbering Systems (15%)**

**A. Universal**

1. Primary
2. Permanent

**B. Palmer**

1. Primary
2. Permanent

## **Sub-Content Area V: Occlusion (15%)**

**A. Purpose**

**B. Classification**

**C. Management**

**D. Pathology**

## **Sub-Content Area VI: Oral Pathology (10%)**

**A. Soft tissue**

**B. Hard tissue**

# AMP Exam Suggested References

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## Textbook References

1. Bird, Doni L., and Debbie S. Robinson. *Modern Dental Assisting*. 10th and 11th ed. St. Louis, MO: Elsevier/Saunders, 2012 and 2015.
2. Phinney, Donna J., and Judy H. Halstead. *Dental Assisting: A Comprehensive Approach*. 3rd and 4th ed. Clifton Park, NY: Delmar, 2008 and 2013.
3. Bird, Doni L., and Debbie S. Robinson. *Essentials of Dental Assisting*. 5th ed. St. Louis, MO: Elsevier/Saunders, 2013.
4. Harris, Norman O., Franklin Garcia-Godoy and Christine Nielson Nathe. *Primary Preventive Dentistry*. 7th and 8th ed. Upper Saddle River, NJ: Pearson Education, 2008 and 2014.
5. Wilkins, Esther M. *Clinical Practice of the Dental Hygienist*. 10th and 11th ed. Philadelphia, PA: Lippincott, 2008 and 2013.

## Organizational References

1. The DALE Foundation. [www.dalefoundation.org](http://www.dalefoundation.org).
  - *DANB AMP Review*
  - *DANB AMP Practice Test*
  - *Glossary of Dental Terms*



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### **NELDA component exams**

#### **Anatomy, Morphology and Physiology (AMP)**

Radiation Health and Safety (RHS®)

Infection Control (ICE®)

### **CRFDA component exams**

#### **Anatomy, Morphology and Physiology (AMP)**

Impressions (IM)

Temporaries (TMP)

Isolation (IS)

Sealants (SE)

Restorative Functions (RF)



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# Radiation Health and Safety (RHS®)

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## Exam Outline and Suggested References

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# RHS

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## Exam Outline Overview

### RHS Exam Weighting by Domain

- I. Expose and Evaluate (26%)
- II. Quality Assurance and Radiology Regulations (21%)
- III. Radiation Safety for Patients and Operators (31%)
- IV. Infection Control (22%)

### RHS Exam Administration

- Number of Questions: 100
- Time for Exam: 75 minutes
- Tutorial Time: 5 minutes
- Comment Time: 5 minutes

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# RHS Exam Outline

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**NOTE:** DANB uses "image receptor" to refer to conventional film or sensors used for digital imaging.

## Domain I: Expose and Evaluate (26%)

### A. Assessment and Preparation

1. Describe patient preparation for radiographic exposures (e.g., inspect the patient's head and neck for removable appliances and foreign objects).
2. Select radiographic technique.
  - a. Describe use and purpose of intraoral and extraoral radiographic images, including but not limited to:
    - i. periapical.
    - ii. bitewing.
    - iii. occlusal.
    - iv. panoramic.
    - v. cephalometric and other extraoral views.
  - b. Select radiographic survey to examine or view conditions, teeth or landmarks.
  - c. Describe technique modifications based on anatomical variations.
3. Select equipment for radiographic technique.
  - a. Describe purpose or advantage of accessories.
  - b. Select image receptor size.
  - c. Describe purpose and advantage of double (dual) film packets.

## **B. Acquire**

1. Describe how to acquire radiographic images using various techniques.
  - a. Define radiographic exposure concepts.
  - b. Intraoral
    - i. Define factors that influence quality of the radiographic image.
    - ii. Compare paralleling and bisecting angle techniques (e.g., advantages, disadvantages).
    - iii. Describe the parts and functions of radiographic film packets and digital image receptors.
  - c. Extraoral
    - i. Identify function and maintenance of film cassettes and intensifying screens.
    - ii. Describe exposure technique (i.e., patient positioning).
      - a) Panoramic radiography.
      - b) Cephalometric radiography.
    - iii. Demonstrate basic understanding of CBCT (cone-beam computed tomography).
2. Demonstrate basic knowledge of digital radiography.
  - a. Advantages/disadvantages.
  - b. Handling errors.
  - c. Image receptors.
3. Demonstrate basic knowledge of conventional film processing.
  - a. Functions of processing solutions.
  - b. Process exposed intra- and extraoral films using automatic processors.
  - c. Procedures for processing films.

## **C. Evaluate**

1. Evaluate radiographic images for diagnostic value.
  - a. Describe features of a diagnostically acceptable radiographic image.
  - b. Identify and describe how to correct errors related to acquiring intraoral radiographic images.
  - c. Identify and correct radiographic processing errors.
  - d. Identify and describe how to correct improper film handling errors.
  - e. Identify and describe how to correct errors related to acquiring panoramic radiographic images.
2. Mount and label radiographic images.
  - a. Describe how to mount radiographic images using facial (buccal and labial) view.
    - i. Identify anatomical landmarks that aid in mounting.

- ii. Match tooth views to tooth mount windows.
  - iii. Demonstrate understanding of radiographic image viewing techniques.
- b. Identify anatomical structures, dental materials and patient information observed on radiographic images (e.g., differentiating between radiolucent and radiopaque areas).

#### **D. Patient Management**

1. Describe techniques for patient management before, during and after radiographic exposure (e.g., patients with special needs).
2. Describe techniques for patients with a severe gag reflex.

## **Domain II: Quality Assurance and Radiology Regulations (21%)**

### **A. Quality Assurance**

1. Evaluate film storage areas.
2. Identify and describe how to correct errors related to improperly storing radiographic film.
3. Describe how to prepare, maintain and replenish automatic processor solutions.
4. Identify conditions required for film processing.
5. Describe how to implement quality assurance procedures.

### **B. Radiology Regulations**

1. Describe how to prepare radiographic images for legal requirements, viewing, duplication and transfer.
2. Describe how to store chemical agents used in dental radiography procedures according to regulatory agencies, in compliance with the Occupational Safety and Health Administration (OSHA) Hazard Communication Standard.
3. Describe how to dispose of chemical agents and other materials used in dental radiography procedures.

## **Domain III: Radiation Safety for Patients and Operators (31%)**

**A. Identify current American Dental Association (ADA) guidelines for patient selection and limiting radiation exposure.**

**B. Apply the principles of radiation protection and hazards in the operation of radiographic equipment.**

1. Factors affecting x-ray production (e.g., kVp, mA, exposure time).
2. X-radiation characteristics.
3. X-ray machine factors that influence radiation safety (e.g., filtration, shielding, collimation, PID [cone] length).
4. X-radiation physics.
  - a. Primary radiation.
  - b. Scatter (secondary) radiation.
5. Protocol for suspected x-ray machine malfunctions.

**C. Demonstrate knowledge of patient safety measures to provide protection from x-radiation.**

1. Major causes of unnecessary x-radiation exposure.
2. X-radiation biology:
  - a. short- and long-term effects of x-radiation on cells and tissues.
  - b. concepts of x-radiation dose and effective dose.
3. Reduce x-radiation exposure to patients (ALARA).

**D. Address patient radiation concerns (e.g., informed consent, patient refusal).**

**E. Identify operator safety measures to provide protection from x-radiation.**

1. Sources of x-radiation to operators/other staff while exposing image receptors.
2. Safety measures to reduce operator x-radiation exposure.
3. X-radiation physics and biology pertaining to operator exposure.

**F. Describe techniques for monitoring individual x-radiation exposure.**

1. ALARA principle as related to operator safety.
2. Function of a personal monitoring device.

## **Domain IV: Infection Control (22%)**

**A. Standard Precautions for Equipment**

1. Demonstrate understanding of infection control techniques used to minimize cross-contamination during radiographic procedures according to ADA, Centers for Disease Control and Prevention (CDC) and OSHA guidelines for conventional and digital radiography.
2. Demonstrate understanding of barriers used to minimize cross-contamination during radiographic procedures according to ADA, CDC and OSHA guidelines for conventional and digital radiography.

## **B. Standard Precautions for Patients and Operators**

1. Demonstrate understanding of infection control for radiographic procedures according to ADA, CDC and OSHA guidelines for conventional and digital radiography.
2. Describe infection control techniques used during radiographic processing, following ADA, CDC and OSHA guidelines.

# RHS Exam Suggested References

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2. Bird, Doni L., and Debbie S. Robinson. *Modern Dental Assisting*. 11th and 12th ed. St. Louis, MO: Elsevier/Saunders, 2015 and 2017.
3. Ianucci, Joen M., and Laura J. Howerton. *Dental Radiography Principles and Techniques* (with CD-ROM). 5th ed. St. Louis, MO: Elsevier/Saunders, 2017.
4. Johnson, Orlen N., and Evelyn M. Thomson. *Essentials of Dental Radiography for Dental Assistants and Hygienists*. 9th ed. Upper Saddle River, NJ: Pearson Education, 2012.
5. Miller, Chris H. *Infection Control and Management of Hazardous Materials for the Dental Team*. 5th and 6th ed. St. Louis, MO: Elsevier/Mosby, 2014 and 2018.
6. Phinney, Donna J., and Judy H. Halstead. *Dental Assisting: A Comprehensive Approach*. 5th ed. Clifton Park, NY: Delmar Cengage Learning, 2013.

## Organizational References

1. Centers for Disease Control and Prevention (CDC). [www.cdc.gov](http://www.cdc.gov).
  - *Guidelines for Infection Control in Dental Health-Care Settings — 2003* (MMWR, Vol. 52, RR 17)
  - *Centers for Disease Control and Prevention. Summary of Infection Prevention Practices in Dental Settings: Basic Expectations for Safe Care*. Atlanta, GA: US Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Oral Health; 2016
2. U.S. Department of Labor, Occupational Safety and Health Administration (OSHA). [www.osha.gov](http://www.osha.gov).
  - *Hazard Communication Standard* (Code of Federal Regulations #29, Part 1910)
  - *Bloodborne Pathogens Standard* (1910.1030)
3. American Dental Assistants Association (ADAA). [www.dentalassistant.org](http://www.dentalassistant.org).
  - *An Introduction to Basic Concepts in Dental Radiography* (Course #715)

4. The DALE Foundation. [www.dalefoundation.org](http://www.dalefoundation.org).
  - *DANB RHS Review*
  - *Conventional Dental Radiography Review*
  - *DANB RHS Practice Test*
  - *Glossary of Dental Terms*



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### **NELDA component exams**

Anatomy, Morphology and Physiology (AMP)

**Radiation Health and Safety (RHS)**

Infection Control (ICE®)

### **CDA component exams**

**Radiation Health and Safety (RHS)**

Infection Control (ICE)

General Chairside Assisting (GC)



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# Infection Control (ICE®)

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# ICE

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## Exam Outline Overview

### ICE Exam Weighting by Domain

- I. Standard Precautions and the Prevention of Disease Transmission (20%)
- II. Prevention of Cross-contamination during Procedures (34%)
- III. Instrument/Device Processing (26%)
- IV. Occupational Safety/Administrative Protocols (20%)

### ICE Exam Administration

- Number of Questions: 100
- Time for Exam: 75 minutes
- Tutorial Time: 5 minutes
- Comment Time: 5 minutes

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## **This exam references the following (see p. 7 for full citations for these references):**

- Centers for Disease Control and Prevention. Guidelines for Infection Control in Dental Health-Care Settings-2003
- Centers for Disease Control and Prevention. Summary of Infection Prevention Practices in Dental Settings: Basic Expectations for Safe Care
- Occupational Safety and Health Administration (OSHA) Bloodborne Pathogens (BBP) standard
- OSHA Hazard Communication standard

## **Domain I: Standard Precautions and the Prevention of Disease Transmission (20%)**

### **A. Recognize infectious diseases and their relationship to patient and occupational risk.**

1. Identify modes of disease transmission.
2. Needs for immunization against infectious diseases (e.g., hepatitis B, influenza).

### **B. Demonstrate understanding of how to review a medical history to prevent adverse reactions during dental care (e.g., adverse reactions to latex or vinyl).**

### **C. Demonstrate understanding of proper hand hygiene as performed before, during and after oral surgery and intraoral procedures, including but not limited to:**

1. products (e.g., antimicrobial, antibacterial, alcohol rub).
2. skin/nail care.
3. techniques (e.g., length of time, sequencing).
4. select appropriate hand hygiene protocol.

### **D. Describe how to protect the patient and operator by using personal protective equipment (PPE) (e.g., masks, gloves, eyewear, gowns).**

1. Selection and sequence of placing, removing and disposing of PPE according to the procedures(s) and areas, including but not limited to:
  - a. instruments/device processing.
  - b. laboratory.
  - c. oral surgery.
  - d. radiology.
  - e. treatment room.
2. Management of contaminated PPE according to the OSHA Bloodborne Pathogens standard.

**E. Demonstrate understanding of how to protect the patient and operator through the reduction of aerosol, droplets and spatter, including but not limited to:**

1. barrier techniques.
2. dental dams.
3. evacuation techniques.
4. patient eyewear.
5. pre-procedural mouth rinses.

## **Domain II: Prevent Cross-contamination during Procedures (34%)**

**A. Demonstrate understanding of how to maintain aseptic conditions to prevent cross-contamination for procedures and services.**

1. Identify modes of disease transmission.
2. Clean and disinfect for breakdown and setup of clinical treatment areas, the laboratory and equipment.
  - a. Prepare and use chemical disinfection for breakdown and setup.
  - b. Use barrier techniques for equipment and/or surfaces.
  - c. Prepare procedure-specific setups (e.g., single-use devices [SUD], single unit dosing, aseptic retrieval).
  - d. Maintain and monitor dental unit water lines.
  - e. Clean and maintain evacuation lines and traps.
3. Clean and disinfect radiological areas and equipment.
4. Use aseptic techniques for acquiring and processing conventional and digital radiographic images.

5. Select proper methods of disinfection for impressions and dental appliances.
6. Dispose of biohazardous and other waste according to federal regulations.

## Domain III: Instrument/Device Processing (26%)

### A. Demonstrate understanding of processing reusable dental instruments and devices.

1. Transport contaminated instruments/devices to prevent cross-contamination.
2. Follow work flow patterns to avoid cross-contamination of instruments/devices and supplies.
3. Clean and maintain dental instruments/devices and supplies prior to sterilization.
4. Prepare and use chemical agents for cleaning instruments/devices.
5. Prepare dental instruments/devices and supplies for sterilization.
6. Select the system for sterilization.
7. Select the system for sterilization monitoring (e.g., biological monitoring, chemical integrators).
8. Package and label instruments/devices for sterilization.
9. Load and unload the sterilizer.
10. Store and maintain integrity of sterile instruments/devices and supplies.

### B. Demonstrate understanding of how to monitor and maintain processing equipment and sterilizers (e.g., ultrasonic cleaner, autoclave).

1. Interpret sterilization monitoring devices, errors and results.
2. Respond to equipment malfunctions.

## Domain IV: Occupational Safety/Administrative Protocols (20%)

### A. Demonstrate understanding of occupational safety standards and guidelines for personnel.

1. CDC Guidelines for Infection Control in Dental Health-Care Settings – 2003.
2. CDC Summary of Infection Prevention Practices in Dental Settings: Basic Expectations for Safe Care, 2016.
3. OSHA Bloodborne Pathogens standard as it applies to, but not limited to:

- a. engineering and work practice controls.
  - b. needle and sharps safety.
  - c. record keeping and training.
  - d. sharps exposure and post-exposure protocol (e.g., first aid procedures).
4. OSHA Hazard Communication standard as it applies to, but not limited to:
    - a. chemical exposure/hazard (e.g., amalgam, nitrous oxide, laser) and first aid.
    - b. engineering and work practice controls.
    - c. safety data sheets (SDS).
    - d. secondary containers.
  5. Federal regulations (e.g., EPA, FDA).

**B. Demonstrate understanding of how to maintain and document programs/policies for infection control and safety, including but not limited to:**

1. exposure control plan.
2. infection control breaches.
3. quality assurance (quality improvement).
4. sterilization logs/records.
5. training records.

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4. Molinari, John, and Jennifer Harte. *Cottone's Practical Infection Control in Dentistry*. 3rd ed. Philadelphia, PA: Lippincott, 2010.
5. Phinney, Donna J., and Judy H. Halstead. *Dental Assisting: A Comprehensive Approach*. 4th ed. Clifton Park, NY: Delmar, 2013.

## Organizational References

1. The Organization for Safety and Asepsis (OSAP). [www.osap.org](http://www.osap.org).
  - *From Policy to Practice: OSAP's Guide to the Guidelines*
  - *OSAP's OSHA & CDC Guidelines: Interact Training System*
2. The American Dental Assistants Association (ADAA). [www.dentalassistant.org](http://www.dentalassistant.org).
  - *Infection Control in the Dental Office: A Review for a National Infection Control Exam (Course #0906)*
  - *Guidelines for Infection Control in Dental Health Care Settings (Course #1305)*
3. The DALE Foundation. [www.dalefoundation.org](http://www.dalefoundation.org).
  - *DANB ICE Review*
  - *DANB ICE Practice Test*
  - *Glossary of Dental Terms*
  - *CDEA module: Understanding CDC's Summary of Infection Prevention Practice in Dental Settings: Basic Expectations for Safe Care*

4. Centers for Disease Control and Prevention (CDC). [www.cdc.gov](http://www.cdc.gov).
  - *Guidelines for Infection Control in Dental Health-Care Settings — 2003* (MMWR, Vol. 52, RR 17)
  - *Centers for Disease Control and Prevention. Summary of Infection Prevention Practices in Dental Settings: Basic Expectations for Safe Care. Atlanta, GA: US Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Oral Health; 2016*
  - *Updated U.S. Public Health Service guidelines for the management of occupational exposures to HBV, HCV, and HIV and recommendations for postexposure prophylaxis* (MMWR, Vol. 50, RR 11)
5. U.S. Department of Labor, Occupational Safety and Health Administration (OSHA). [www.osha.gov](http://www.osha.gov).
  - *Hazard Communication Guidelines for Compliance* (Publication 3111)
  - *Hazard Communication Standard* (Code of Federal Regulations #29, Part 1910)
  - *Bloodborne Pathogens Standard* (1910.1030)



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### **CDA component exams**

Radiation Health and Safety (RHS)

**Infection Control (ICE)**

General Chairside Assisting (GC)

### **COA component exams**

Orthodontic Assisting (OA)

**Infection Control (ICE)**